

## Substance Use Disorder 101



### *Instructor Information:*

Matthew T. Rensi, a Licensed Professional Clinical Counselor who also holds a Ph. D. in counselor education and supervision. He earned his Masters of Arts in Counseling from Western Seminary and his Ph. D from Oregon State University. He has extensive experience providing therapy to people struggling with psychosis, homelessness, various mental health issues and the legal system. Matt provides trainings throughout the country on various aspects of mental health treatment including assessment, individual therapy, and safety/crisis intervention. Lastly he has conducted research on the Diagnostic and Statistical Manual of Mental Disorders using linguistic analysis.

**Instructor:** Matthew T. Rensi, Ph.D., LPCC

### *Course Description:*

SUD's 101 introduces substance use disorders and dual diagnosis disorders. This training reviews how mental health interplays with substance abuse and recovery and the differences between use, misuse/abuse, and dependence. The second half of the training focuses on engaging with individuals and families surrounding substance use/abuse and practicing how to incorporate knowledge surrounding SUD's into daily interactions with clients.

**Date:** August 08, 2024-Virtual

**Time:** 8:30am-12:00pm

**Location:** Virtual training- link will be sent to registrants

**RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**

**Continuing Education Credits: This course is approved for 3.5 continuing education units/credits/hours.**

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**Audience:** RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, associate-level and support staff providing client care in the public behavioral health system

**Seat #:** 100

**Location:** Virtual training- link will be sent to registrants  
If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

## **Educational Goals:**

*To understand how mental health interplays with substance abuse and recovery and the differences between use, misuse/abuse, and dependence. Also to understand how to engage with individuals and families surrounding substance use/abuse and practice how to incorporate knowledge surrounding SUD's into daily interactions with clients.*

## **Learning Objectives:**

- *Gain a basic understanding of how mental health interplays with substance abuse and recovery.*
- *Learned and identify the differences between use, misuse/abuse, and dependence.*
- *Engage with individuals and families surrounding substance use/abuse.*
- *Discussed and practice how to incorporate knowledge surrounding SUD's into daily interactions.*

**Course outline:**

Time	Topic/Content
8:30am-9:30am	Characteristics of substance use (abuse)
9:30am-9:45am	Break
9:45am-10:45am	Types of substances, impact and integration with mental health
10:45am-11:00am	Break
11:00am-12:00pm	Stages of change, resources for helping someone with substance use

**CEs will be provided by Community Solutions. This course is approved for 3.5 hours of continuing education units for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California B.B.S. under CEPA Provider #129412, and LAADC by CCAPP-EI CADAAC Provider # 3-22-341-0526 & 1N-98-402-1225**

**Requesting Continuing Education:** Participants interested in receiving continuing education credit will be provided an electronic course evaluations by the trainer once the training concludes.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).